

2025 Empower Her Invite

Rotation Schedule

Sep 20-21, 2025

Session: 1

-- Xcel B & Xcel S

Saturday, September 20, 2025

Open Warmup 9:00 AM

Timed Warmup 9:15 AM

March In 11:00 AM

Awards

Flight: A

- Squad A Premier - FL
- Squad B Premier - FL
- Squad C Premier - FL
- Squad D Premier - FL

Num Gymnasts: 29

Squad: A						6	Squad: B						8
Vault	266	XB	Payton May			Premier - FL	Bars	252	XS	Rita France			Premier - FL
Bars	276	XB	Aubre Primus-Williams			Premier - FL		265	XS	Alisa Martsinkevich			Premier - FL
Beam	280	XB	Melody Souccar			Premier - FL	Beam	269	XS	Ivanka Osbourn			Premier - FL
Floor	281	XB	Raegan Sparks			Premier - FL		316	XS	Lily Rietsma			Premier - FL
	282	XB	Ryein Whittaker			Premier - FL	Floor	271	XS	Emma Owen			Premier - FL
	389	XB	Tiffany Chen			Premier - FL		273	XS	Riley Parenteau			Premier - FL
							Vault	277	XS	Genevieve Rodriguez			Premier - FL
								279	XS	Evelyn Samuels			Premier - FL
Squad: C						8	Squad: D						7
Beam	239	XS	Savannah Anderson			Premier - FL	Floor	242	XB	Saoirse Boyle			Premier - FL
	240	XS	Avery Berg			Premier - FL		243	XB	Isabella Cacapava			Premier - FL
Floor	241	XS	Emilia Bever			Premier - FL	Vault	244	XB	Avery Cason			Premier - FL
	254	XS	Emma Garcia			Premier - FL		246	XB	Chloe Coleman			Premier - FL
Vault	255	XS	Annabelle Geier			Premier - FL	Bars	248	XB	Elle Conard			Premier - FL
	260	XS	Reagan Leesman			Premier - FL		253	XB	Yasmin Gama Veloso			Premier - FL
Bars	261	XS	Anna Leiter			Premier - FL	Beam	263	XB	Maci Mandosia			Premier - FL
	408	XS	Samantha Zalud			Premier - FL							

2025 Empower Her Invite

Rotation Schedule

Sep 20-21, 2025

Session: 1

-- Xcel B & Xcel S

Saturday, September 20, 2025

Open Warmup 9:00 AM

Timed Warmup 9:15 AM

March In 11:00 AM

Awards

Flight: B

- Squad A Stars Gymnastics
- Squad B LaFleurs Largo
- Squad C Stars Gymnastics
- Squad D NPG

Num Gymnasts: 34

Squad: A					7	Squad: B					10
Vault	372	XS	Saga Miettinen		Stars Gymnastics	Bars	141	XS	Mihayla Avellino		LaFleurs Largo
	376	XB	Nora Nicholas		Stars Gymnastics			145	XS	Kylie Blakeman	
Bars	392	XB	Vivian Beavers		Stars Gymnastics	Beam	149	XS	Caylen Carey		LaFleurs Largo
	393	XB	Caroline Ernest		Stars Gymnastics			176	XS	Victoria Lung	
Beam	398	XB	Adelynn Owens		Stars Gymnastics	Floor	177	XS	Mila Maranon		LaFleurs Largo
	400	XB	Kaelyn Reynolds		Stars Gymnastics			179	XS	Lily Nlezgoda	
Floor	405	XB	Savanna Smith		Stars Gymnastics	Vault	180	XS	Romy Nepejchalova		LaFleurs Largo
							184	XS	Jessica-Lynn Penniman		LaFleurs Largo
							190	XS	Dorothy Schmidt		LaFleurs Largo
							194	XS	Isabella Stilwell-Hernandez		LaFleurs Largo
Squad: C					7	Squad: D					10
Beam	367	XS	Arianna Katz		Stars Gymnastics	Floor	289	XB	Anterra Brown		NPG
	369	XS	Amelia Kreye		Stars Gymnastics			295	XB	Olivia Fountain	
Floor	399	XS	Tesla Perez		Stars Gymnastics	Vault	302	XB	Finn Lee		NPG
	370	XS	Kelsey Lebron		Stars Gymnastics			286	XS	Addison Barber	
Vault	380	XS	Joely Selbst		Stars Gymnastics	Bars	288	XS	Jillian Bloom		NPG
	382	XS	Inara Stephens		Stars Gymnastics			290	XS	Sloane Cao	
Bars	386	XS	Emilia Watkins		Stars Gymnastics	Beam	298	XS	Jazmyne Harris		NPG
							299	XS	Ashley Holowko		NPG
							301	XS	Alice Kozlov		NPG
					304		XS	Olivia Ogden		NPG	

2025 Empower Her Invite

Rotation Schedule

Sep 20-21, 2025

Session: 2

-- Level 1 & 2

Saturday, September 20, 2025

Open Warmup 11:00 AM

Timed Warmup 11:15 AM

March In 1:15 PM

Awards

Flight: A

- Squad A Gym World Ft. Myers, NPG
- Squad B Stars Gymnastics
- Squad C Premier - FL
- Squad D Coast Elite - FL

Num Gymnasts: 35

Squad: A					9	Squad: B					5	
Vault	118	2	Callie Bleggi		Gym World Ft. Myers	Bars	396	2	Evelyn Mogg		Stars Gymnastics	
	122	2	Aniston Doddridge		Gym World Ft. Myers		Beam	401	2	Joashlean Roman Acevedo		Stars Gymnastics
Bars	128	2	Norah Kopp		Gym World Ft. Myers	Floor	402	2	Andersyn Rudolph		Stars Gymnastics	
	132	2	Faylee McDowell		Gym World Ft. Myers		Vault	403	2	Finley Rudolph		Stars Gymnastics
Beam	133	2	Laila Murray		Gym World Ft. Myers		404	2	Aria Rustmann		Stars Gymnastics	
	293	2	Nova DiBetta		NPG							
Floor	296	2	Luna Frattallone		NPG							
	305	2	Cadence Parsley		NPG							
	307	2	Amina Service		NPG							
Squad: C					11	Squad: D					10	
Beam	249	2	Collins Croy		Premier - FL	Floor	204	2	Cecelia Anderson		Coast Elite - FL	
	250	2	Taylor Duncan		Premier - FL			209	2	Amaris Blindu		Coast Elite - FL
		257	2	Charlee Henry		Premier - FL	Vault	212	2	Magnolia Cardentey		Coast Elite - FL
Floor	259	2	Alyssa Kilcoyne		Premier - FL			213	2	Isla Centofanti		Coast Elite - FL
	264	2	Victoria Martinez		Premier - FL	Bars	218	2	Baylee Escamilla		Coast Elite - FL	
	267	2	Katharina Mitch		Premier - FL			220	2	Victoria Guerra		Coast Elite - FL
Vault	268	2	Bella Orenich		Premier - FL	Beam	222	2	Gwyneth Howell		Coast Elite - FL	
	270	2	Milana Osbourn		Premier - FL			223	2	Vivian Howell		Coast Elite - FL
	278	2	Kayla Russell		Premier - FL			227	2	Macklyn Lemos		Coast Elite - FL
Bars	406	2	Ivy Nelson		Premier - FL			231	2	Valentina Rodriguez		Coast Elite - FL
	407	2	Cami Shriver		Premier - FL							

2025 Empower Her Invite

Rotation Schedule

Sep 20-21, 2025

Session: 2

-- Level 1 & 2

Saturday, September 20, 2025

Open Warmup 11:00 AM

Timed Warmup 11:15 AM

March In 1:15 PM

Awards

Flight: B

- Squad A

International Miami
- Squad B

LaFleurs Largo
- Squad C

International Miami, LaFleurs Largo
- Squad D

LaFleurs Largo

Num Gymnasts: 42

Squad: A					13	Squad: B					10
Vault	317	1	Claire Alvarez		International Miami	Bars	139	2	Arielle Albert		LaFleurs Largo
	324	1	Janelys Cruz		International Miami		142	2	Mia Bates		LaFleurs Largo
	326	1	Chloey Fuentes		International Miami		Beam	143	2	Sloan Bennett	
Bars	333	1	Emma Iszler		International Miami		144	2	Maya Betts		LaFleurs Largo
	339	1	Dilana Ospina		International Miami	Floor	146	2	Braelyn Boebert		LaFleurs Largo
	340	1	Oriana Ospina		International Miami		151	2	Harper Conti		LaFleurs Largo
Beam	341	1	Megany Pavon		International Miami		Vault	153	2	Bristol Dally	
	344	1	Alessandra Sanchez		International Miami	154		2	Isla Dervishaj		LaFleurs Largo
	345	1	Kimberly Singer		International Miami	157		2	Makenna Douglass		LaFleurs Largo
Floor	348	1	Belle Talea		International Miami		169	2	Madison Johnson		LaFleurs Largo
	353	1	Emery Diaz		International Miami						
	387	1	Kaylanie Ramirez		International Miami						
	409	1	Niveah Norris		International Miami						
Squad: C					9	Squad: D					10
Beam	321	2	Audrey Castellanos		International Miami	Floor	174	2	Dakota Landrum		LaFleurs Largo
	327	2	Anahi Garay		International Miami		182	2	Avery Parker		LaFleurs Largo
Floor	335	2	Belia Medina		International Miami	Vault	183	2	Emersyn Parker		LaFleurs Largo
	328	2	Lisanette Garcia		International Miami		185	2	Sophie Peterson		LaFleurs Largo
Vault	159	2	Mona Ford		LaFleurs Largo	Bars	187	2	Melissa Rocha		LaFleurs Largo
	161	2	Harper Mae Gall-Kincaid		LaFleurs Largo		193	2	Claire Springstead		LaFleurs Largo
Bars	163	2	Savannah Holland		LaFleurs Largo	Beam	196	2	Liana Sugihara		LaFleurs Largo
	165	2	Audrey James		LaFleurs Largo		197	2	Addison Trowbridge		LaFleurs Largo
	167	2	Elaina Jennings		LaFleurs Largo		199	2	Natalia Valencia		LaFleurs Largo
							203	2	Lina Yildirim		LaFleurs Largo

2025 Empower Her Invite

Rotation Schedule

Sep 20-21, 2025

Session: 3 -- Level 3 Saturday, September 20, 2025

Open Warmup 1:15 PM Timed Warmup 1:30 PM March In 4:00 PM Awards

Flight: A

- Squad A Coast Elite - FL
- Squad B Premier - FL
- Squad C Coast Elite - FL, International Miami
- Squad D Future Flipz

Num Gymnasts: 37

Squad: A				10	Squad: B				10
Vault	211	3	Anteria Brown Neal	Coast Elite - FL	Bars	245	3	Vayda Coffey	Premier - FL
	214	3	Amani Charles	Coast Elite - FL		247	3	Reagan Collins	Premier - FL
Bars	215	3	Jazmin Cruz	Coast Elite - FL	Beam	251	3	Abby Fairchild	Premier - FL
	216	3	Andi Ellefsen	Coast Elite - FL		256	3	Charlotte Graybill	Premier - FL
Beam	221	3	Rylen Hall	Coast Elite - FL	Floor	258	3	Vanessa Hill	Premier - FL
	224	3	Adrianna Kilway	Coast Elite - FL		262	3	Norah Malone	Premier - FL
Floor	225	3	Emmie Kate Lee	Coast Elite - FL	Vault	272	3	Charlie Pardue	Premier - FL
	226	3	Railyn Lee	Coast Elite - FL		274	3	Harper Perez	Premier - FL
	230	3	Juliana Rodriguez	Coast Elite - FL		275	3	Emiliana Perez-Rojas	Premier - FL
	236	3	Rylee Wade	Coast Elite - FL		283	3	Thea Zimmerly	Premier - FL
Squad: C				10	Squad: D				7
Beam	318	3	Victoria Alvarez	International Miami	Floor	101	3	Payton Boudreau	Future Flipz
	320	3	Emily Bittner	International Miami		108	3	Amaya Lang	Future Flipz
Floor	325	3	London Didier	International Miami	Vault	111	3	Anna Mills	Future Flipz
	331	3	London Harris	International Miami		112	3	Ruby Patrick	Future Flipz
Vault	336	3	Valentina Miranda	International Miami	Bars	114	3	Lena Stevens	Future Flipz
	347	3	Angelina Sosa	International Miami		115	3	Lila Wagner	Future Flipz
Bars	206	3	Brynn Austin	Coast Elite - FL	Beam	116	3	Zoey Weber	Future Flipz
	207	3	Ashton Becker	Coast Elite - FL					
	208	3	Ella Belew	Coast Elite - FL					
	233	3	Charli Tyrna	Coast Elite - FL					

2025 Empower Her Invite

Rotation Schedule

Sep 20-21, 2025

Session: 3

-- Level 3

Saturday, September 20, 2025

Open Warmup 1:15 PM

Timed Warmup 1:30 PM

March In 4:00 PM

Awards

Flight: B

- Squad A LaFleurs Largo, NPG
- Squad B Gym World Ft. Myers, Stars Gymnastics
- Squad C LaFleurs Largo
- Squad D Stars Gymnastics

Num Gymnasts: 44

Squad: A						11	Squad: B						11
Vault	284	3	Alexia Allison	NPG		Bars	117	3	Yasmina Akhmedjanova	Gym World Ft. Myers			
	285	3	Renee Baer	NPG			119	3	Olivia Callea	Gym World Ft. Myers			
	287	3	Oakley Bicker	NPG			125	3	London Fiedler	Gym World Ft. Myers			
Bars	292	3	Peyton Cunningham	NPG		Beam	129	3	Valeria Laufer	Gym World Ft. Myers			
	297	3	Aubrey Gomez	NPG			130	3	Ava Ligotti	Gym World Ft. Myers			
	308	3	Kendall Wider	NPG			135	3	Lila Sanders	Gym World Ft. Myers			
Beam	138	3	Raegan Adkins	LaFleurs Largo		Floor	136	3	Peyton Simonelli	Gym World Ft. Myers			
	140	3	Giana Albert	LaFleurs Largo			361	3	Madison Delgado	Stars Gymnastics			
	152	3	Sydney Cook	LaFleurs Largo			363	3	Alessandra Estrada	Stars Gymnastics			
Floor	162	3	Nicole Gamaonova	LaFleurs Largo		Vault	355	3	Lyla Berry	Stars Gymnastics			
	164	3	Zoey Hopkins	LaFleurs Largo			365	3	Elena Garza	Stars Gymnastics			
Squad: C						12	Squad: D						10
Beam	168	3	Mackenzie Johansson	LaFleurs Largo		Floor	366	3	Audrey Girsch	Stars Gymnastics			
	173	3	Adrianna Kuznicki	LaFleurs Largo			368	3	Lilah Kinsella	Stars Gymnastics			
	175	3	Emily Luksik	LaFleurs Largo			Vault	371	3	Aamiah Maestas	Stars Gymnastics		
Floor	150	3	Halsey Childress	LaFleurs Largo		374		3	Liandra Molenaar	Stars Gymnastics			
	178	3	Kayla Morgan	LaFleurs Largo		Bars		375	3	Reagan Moronese	Stars Gymnastics		
	186	3	Gubee Robinson	LaFleurs Largo			377	3	Alaia Rolo	Stars Gymnastics			
Vault	188	3	Elle Rollins	LaFleurs Largo			Beam	378	3	Julianna Sack	Stars Gymnastics		
	191	3	Selena Schwingdorf	LaFleurs Largo		379		3	Charlotte Sarquisse - Jorquera	Stars Gymnastics			
	195	3	Helena Stojanovic	LaFleurs Largo		385		3	Mikaela Valenzuela-Sanchez	Stars Gymnastics			
Bars	198	3	Adriana Valencia	LaFleurs Largo			391	3	Ori Barker	Stars Gymnastics			
	201	3	Remi Wagner	LaFleurs Largo									
	202	3	CeCe Wooten	LaFleurs Largo									

2025 Empower Her Invite

Rotation Schedule

Sep 20-21, 2025

Session: 4

-- Level 4 & 5

Saturday, September 20, 2025

Open Warmup 4:00 PM

Timed Warmup 4:15 PM

March In 7:00 PM

Awards

Flight: A

- Squad A

International Miami, Stars Gymnastics
- Squad B

Gym World Ft. Myers
- Squad C

Stars Gymnastics
- Squad D

Future Flipz

Num Gymnasts: 35

Squad: A				8				Squad: B				9			
Vault	359	5	Campbell Chandler	Stars Gymnastics				Bars	120	4	Saylor Coppens	Gym World Ft. Myers			
	390	5	Emi Barker	Stars Gymnastics					121	4	Iryana Davis	Gym World Ft. Myers			
Bars	381	5	Harper Smith	Stars Gymnastics				Beam	123	4	Anna Dolaberidze	Gym World Ft. Myers			
	394	5	Catalena Figueroa	Stars Gymnastics					126	4	Grady Gawel	Gym World Ft. Myers			
Beam	395	5	Cayleigh Figueroa	Stars Gymnastics				Floor	127	4	Madison Jones	Gym World Ft. Myers			
	397	5	Aili Murray	Stars Gymnastics					131	4	Rosie Lyons	Gym World Ft. Myers			
Floor	346	5	Kaylee Smith	International Miami				Vault	134	4	Stella Pokorny	Gym World Ft. Myers			
	349	4	Ellie Veloz	International Miami					137	4	Juliette Ward	Gym World Ft. Myers			

2025 Empower Her Invite

Rotation Schedule

Sep 20-21, 2025

Session: 4

-- Level 4 & 5

Saturday, September 20, 2025

Open Warmup 4:00 PM

Timed Warmup 4:15 PM

March In 7:00 PM

Awards

Flight: B

- Squad A

NPG, Premier - FL
- Squad B

Coast Elite - FL
- Squad C

LaFleurs Largo
- Squad D

International Miami

Num Gymnasts: 48

Squad: A					12	Squad: B					11
Vault	291	4	Kaitlyn Clifton	NPG		Bars	205	4	Sophia Anderson	Coast Elite - FL	
	294	4	Morgan Finnegan	NPG			210	4	Amanda Bracho	Coast Elite - FL	
	300	4	Brooke Holowko	NPG			217	4	Lucy Ellefsen	Coast Elite - FL	
Bars	303	4	Kaia Lee	NPG		Beam	219	4	Alina Gioe	Coast Elite - FL	
	306	4	Aria Sanders	NPG			228	4	Clara Migliore	Coast Elite - FL	
	309	4	Scarlytt Billingsley	Premier - FL			229	4	Abby Myers	Coast Elite - FL	
Beam	310	4	Stella Coleman	Premier - FL		Floor	232	4	Emma Tittjung	Coast Elite - FL	
	311	4	Mila Gargano	Premier - FL			234	4	Malu Vamondes	Coast Elite - FL	
	312	4	Zuri Ibou	Premier - FL			235	4	Laura Vilanova	Coast Elite - FL	
Floor	313	4	Luciana Melon	Premier - FL		Vault	237	4	Lauren Ward	Coast Elite - FL	
	314	4	Milina Ovince	Premier - FL			238	4	Blaike Wilson	Coast Elite - FL	
	315	4	Ahnalia Torres	Premier - FL							
Squad: C					13	Squad: D					12
Beam	147	4	Tiffanee Bulluck	LaFleurs Largo		Floor	323	4	Hannah Cooper	International Miami	
	148	4	Paislee Burns	LaFleurs Largo			329	4	Isabella Gonzalez	International Miami	
	155	4	Emilia Diaz	LaFleurs Largo			330	4	Nala Gornail	International Miami	
Floor	156	4	Lizzie Doheny	LaFleurs Largo		Vault	337	4	Sofia Morejon	International Miami	
	160	4	Tatum Foster	LaFleurs Largo			342	4	Charlotte Rodriguez	International Miami	
	166	4	Abigail Jannazo	LaFleurs Largo			319	5	Boston Bailey	International Miami	
Vault	170	4	Lexi Katz	LaFleurs Largo		Bars	332	5	Sabrina Hernandez	International Miami	
	171	4	Aubrey Kleiner	LaFleurs Largo			322	5	Ashley Collado	International Miami	
	172	4	Lilly Kochera	LaFleurs Largo			338	5	Sophia Noa	International Miami	
Bars	181	4	Ava Oliver	LaFleurs Largo		Beam	343	5	Abriana Rosario	International Miami	
	189	4	Hadleigh Ruffino	LaFleurs Largo			350	5	Vera Villamil	International Miami	
	192	4	Callie Siroky	LaFleurs Largo			351	5	Emma Whetstone	International Miami	
	200	4	Fiona Vilardi	LaFleurs Largo							

Rotation Schedule

Sep 20-21, 2025

Page: 9

Printed: 9/16/2025 8:57:59 PM

Session: ALL --

Saturday, September 20, 2025

Open Warmup

Timed Warmup

March In

Awards

Squad A

Squad B

Squad C

Squad D

Num Gymnasts: 0