

PREMIER GYMNASTICS DRESS CODE POLICIES



Gymnastics Leotard (Preferred choice of clothing for females)

- *Leotards can be purchased in our Lobby, or at Target, Amazon, or Walmart.*
- *Keep in mind that there should be NO tutus or skirts attached to the leotard as these can be a safety concern.*



Athletic attire (T-Shirt or Tank Top with shorts/pants/leggings) is permitted.



We require the midriff to be covered
(No two-piece sets/Sports bras)



Hair must be pulled back and out of the face



No long necklaces, hoop earrings, rings, excessive jewelry



No buttons or zippers on clothing



No socks or shoes



Water bottle to stay hydrated

No water fountain on the premises. We do not permit any beverages other than water on the gym floor.