



## **2024 Florida USA Gymnastics Level 6,7, XB, XP, XD, XSA State Championships**

### **Venue:**

RP Funding Center  
701 W Lime St  
Lakeland, FL 33815

### **Admission: Cash and Card Accepted**

Adults: \$20.00 Cash OR \$21 Credit Card  
Children Ages 5-12: \$10.00 Cash OR \$11 Credit Card

### **Parking: \$10**

**GYM A – Level 6 and Level 7**

**GYM B – Xcel Platinum, Diamond, Sapphire**

**GYM C – Xcel Bronze**

All Gyms Capital Cup Format

### **Host Gym:**

Premier Gymnastics  
[www.PremierGymnasticsFL.com](http://www.PremierGymnasticsFL.com)  
Meet Director - Kendall Croy  
[PremierGym@gmail.com](mailto:PremierGym@gmail.com)

## **GYM A – Level 6 and Level 7**

**Friday April 5, 2024**

### **Session A1 (70)**

#### **USA Gymnastics Level 6 Gymnasts**

Group 25 Born between 7/13/2010 and 10/14/2010

Group 12 Born between 10/3/2012 and 12/8/2012

Group 17 Born between 1/27/2012 and 3/14/2012

Group 29 Born between 11/4/2008 and 4/21/2009

Group 6 Born between 8/17/2013 and 10/13/2013

**12:00pm - 12:20pm General Stretch**

**12:30pm – 3:00pm Competition**

**Individual Awards to follow.**

### **Session A2 (70)**

#### **USA Gymnastics Level 6 Gymnasts**

Group 21 Born between 5/31/2011 and 7/12/2011

Group 5 Born between 10/14/2013 and 12/18/2013

Group 7 Born between 7/14/2013 and 8/16/2013

Group 11 Born between 12/9/2012 and 1/17/2013

Group 27 Born between 11/4/2009 and 4/29/2010

**3:00pm - 3:20pm General Stretch**

**3:30pm - 6:00pm Competition**

**Individual Awards to follow and Senior Recognition.**

### **Session A3 (72)**

#### **USA Gymnastics Level 6 Gymnasts**

Group 28 Born between 4/22/2009 and 11/3/2009

Group 22 Born between 3/17/2011 and 5/30/2011

Group 3 Born between 3/31/2014 and 7/23/2014

Group 16 Born between 3/15/2012 and 5/20/2012

Group 18 Born between 11/18/2011 and 1/26/2012

**6:00pm – 6:20pm General Stretch**

**6:30pm - 9:00pm Competition**

**Individual Awards to follow.**

## **GYM A – Level 6 and Level 7**

**Saturday April 6, 2024**

### **Session A4 (72)**

#### **USA Gymnastics Level 6 Gymnasts**

Group 24 Born between 10/15/2010 and 1/5/2011  
Group 8 Born between 5/15/2013 and 7/13/2013  
Group 10 Born between 1/18/2013 and 3/6/2013  
Group 19 Born between 9/25/2011 and 11/17/2011  
Group 30 Born between 1/1/1990 and 11/3/2008

**8:00am - 8:20am      General Stretch**

**8:30am – 11:00am      Competition**

**Individual Awards to follow.**

### **Session A5 (72)**

#### **USA Gymnastics Level 6 Gymnasts**

Group 4 Born between 12/19/2013 and 3/30/2014  
Group 23 Born between 1/6/2011 and 3/16/2011  
Group 20 Born between 7/13/2011 and 9/24/2011  
Group 14 Born between 7/15/2012 and 8/18/2012  
Group 13 Born between 8/19/2012 and 10/2/2012

**11:00am - 11:20am      General Stretch**

**11:30am - 2:00pm      Competition**

**Individual Awards to follow.**

### **Session A6 (70)**

#### **USA Gymnastics Level 6 Gymnasts**

Group 9 Born between 3/7/2013 and 5/14/2013  
Group 15 Born between 5/21/2012 and 7/14/2012  
Group 1 Born between 12/6/2014 and 1/1/2020  
Group 2 Born between 7/24/2014 and 12/5/2014  
Group 26 Born between 4/30/2010 and 7/12/2010

**2:00pm - 2:20pm      General Stretch**

**2:00pm - 5:00pm      Competition**

**Individual and Level 6 Team Awards to follow.**

### **Session A7 (66)**

#### **USA Gymnastics Level 7 Gymnasts**

Group 8 Born between 11/9/2011 and 1/26/2012  
Group 19 Born between 3/9/2008 and 3/5/2009  
Group 14 Born between 9/16/2010 and 11/8/2010  
Group 2 Born between 4/25/2013 and 9/26/2013  
Group 13 Born between 11/9/2010 and 2/2/2011

**5:00pm - 5:20pm      General Stretch**

**5:30pm - 8:00pm      Competition**

**Individual Awards and Level 7 Senior Recognition.**

## **GYM A – Level 6 and Level 7**

**Sunday April 7, 2024**

### **Session A8 (67)**

#### **USA Gymnastics Level 7 Gymnasts**

Group 10 Born between 6/10/2011 and 8/26/2011

Group 4 Born between 11/3/2012 and 1/20/2013

Group 5 Born between 7/13/2012 and 11/2/2012

Group 15 Born between 6/1/2010 and 9/15/2010

Group 16 Born between 2/11/2010 and 5/31/2010

**8:00am - 8:20am General Stretch**

**8:35am - 11:00am Competition**

**Individual Awards to follow.**

### **Session A9 (66)**

#### **USA Gymnastics Level 7 Gymnasts**

Group 9 Born between 8/27/11 and 11/8/2011

Group 20 Born between 1/1/1990 and 3/8/2008

Group 3 Born between 1/21/2013 and 4/24/2013

Group 6 Born between 5/14/2012 and 7/12/2012

Group 11 Born between 3/29/2011 and 6/9/2011

**11:00am - 11:20am General Stretch**

**11:30am - 2:00pm Competition**

**Individual Awards to follow.**

### **Session A10 (67)**

#### **USA Gymnastics Level 7 Gymnasts**

Group 18 Born between 3/6/2009 and 10/15/2009

Group 12 Born between 2/3/2011 and 3/28/2011

Group 17 Born between 10/16/2009 and 2/10/2010

Group 7 Born between 1/27/2012 and 5/13/2012

Group 1 Born between 9/27/2013 and 1/1/2020

**2:00pm - 2:20pm General Stretch**

**2:30pm - 5:00pm Competition**

**Individual and Level 7 Team Awards to follow.**

**GYM B – Xcel Platinum, Diamond, Sapphire**

**Friday April 5, 2024**

**Session B1 (65)**

**USA Gymnastics Xcel Platinum Gymnasts**

Group 27 Born between 11/16/2008 and 3/31/2009

Group 28 Born between 6/18/2008 and 11/15/2008

Group 11 Born between 8/18/2011 and 10/21/2011

Group 17 Born between 9/3/2010 and 10/29/2010

Group 18 Born between 7/7/2010 and 9/2/2010

**5:00pm – 5:20pm General Stretch**

**5:30pm – 8:00pm Competition**

**Individual Awards to follow.**

**GYM B – Xcel Platinum, Diamond, Sapphire**

**Saturday April 6, 2024**

**Session B2 (65)**

**USA Gymnastics Xcel Platinum Gymnasts**

Group 29 Born between 6/5/2007 and 6/17/2008

Group 16 Born between 10/30/2010 and 12/6/2010

Group 3 Born between 2/14/2013 and 10/13/2013

Group 30 Born between 1/1/1990 and 6/4/2007

Group 9 Born between 12/11/2011 and 3/10/2012

**8:00am – 8:20am General Stretch**

**8:30am – 11:00am Competition**

**Individual Awards to follow and Senior Recognition.**

**Session B3 (65)**

**USA Gymnastics Xcel Platinum Gymnasts**

Group 2 Born between 10/14/2013 and 3/24/2014

Group 26 Born between 4/1/2009 and 7/6/2009

Group 14 Born between 2/10/2011 and 4/29/2011

Group 20 Born between 3/23/2010 and 5/22/2010

Group 15 Born between 12/7/2010 and 2/9/2011

**11:00am – 11:20am General Stretch**

**11:30am – 2:00pm Competition**

**Individual Awards to follow.**

**Session B4 (65)**

**USA Gymnastics Xcel Platinum Gymnasts**

Group 5 Born between 8/31/2012 and 11/7/2012

Group 1 Born between 3/25/2014 and 1/1/2020

Group 10 Born between 10/22/2011 and 12/10/2011

Group 22 Born between 12/15/2009 and 1/28/2010

Group 24 Born between 9/12/2009 and 10/25/2009

**2:00pm – 2:20pm General Stretch**

**2:30pm – 5:00pm Competition**

**Individual Awards to follow.**

**GYM B – Xcel Platinum, Diamond, Sapphire**

**Saturday April 6, 2024**

**Session B5 (65)**

**USA Gymnastics Xcel Platinum Gymnasts**

Group 12 Born between 6/22/2011 and 8/17/2011

Group 21 Born between 1/29/2010 and 3/22/2010

Group 25 Born between 7/7/2009 and 9/11/2009

Group 7 Born between 4/27/2012 and 7/2/2012

Group 6 Born between 7/3/2012 and 8/30/2012

**5:00pm – 5:20pm General Stretch**

**5:30pm – 8:00pm Competition**

**Individual Awards to Follow.**

**GYM B – Xcel Platinum, Diamond, Sapphire**

**Sunday April 7, 2024**

**Session B6 (65)**

**USA Gymnastics Xcel Platinum Gymnasts**

Group 23 Born between 10/26/2009 and 12/14/2009

Group 4 Born between 11/8/2012 and 2/13/2013

Group 13 Born between 4/30/2011 and 6/21/2011

Group 8 Born between 3/11/2012 and 4/26/2012

Group 19 Born between 5/23/2010 and 7/6/2010

**8:00am – 8:20am General Stretch**

**8:30am – 11:00am Competition**

**Individual Awards and Xcel Platinum Team Awards to follow.**

**Session B7 (64)**

**USA Gymnastics Xcel Diamond Gymnasts**

Group 6 Born between 7/9/2008 and 12/28/2008

Group 4 Born between 8/18/2009 and 12/5/2009

Group 8 Born between 2/13/2007 and 9/24/2007

Group 5 Born between 12/29/2008 and 8/17/2009

Group 7 Born between 9/25/2007 and 7/8/2008

**11:00am – 11:20am General Stretch**

**11:30am – 2:00pm Competition**

**Individual Awards to follow.**

## **GYM B – Xcel Platinum, Diamond, Sapphire**

**Sunday April 7, 2024**

### **Session B8 (60)**

#### **USA Xcel Diamond Gymnasts**

Group 1 Born between 12/5/2010 and 1/1/2020

Group 2 Born between 7/2/2010 and 12/4/2010

Group 3 Born between 12/6/2009 and 7/1/2010

Group 9 Born between 1/1/1990 and 2/12/2007

and

#### **ALL Xcel Sapphire Gymnasts**

**2:00pm – 2:20pm General Stretch**

**2:05pm – 5:00pm Competition**

**Individual Awards and Xcel Diamond, Xcel Sapphire Team Awards.  
Senior Recognition.**

## **GYM C – Xcel Bronze**

**Friday April 5, 2024**

### **Session C1 - Capital Cup (42)**

**Xcel Bronze Born between 7/4/2017 and 1/1/2024**

11:30am - 11:45am General Stretch

12:00pm Competition

Individual Awards to follow.

### **Session C2 - Capital Cup (40)**

**Xcel Bronze Born between 1/11/2017 and 7/3/2017**

1:15pm - 1:30pm General Stretch

1:45pm Competition

Individual Awards to follow.

### **Session C3 - Capital Cup (41)**

**Xcel Bronze Born between 8/5/2016 and 1/10/2017**

3:00pm- 3:15pm General Stretch

3:30pm Competition

Individual Awards to follow.

### **Session C4 - Capital Cup (41)**

**Xcel Bronze Born between 4/12/2016 and 8/4/2016**

4:45pm- 5:00pm General Stretch

5:15pm Competition

Individual Awards to follow.

### **Session C5 - Capital Cup (41)**

**Xcel Bronze Born between 1/28/2016 and 4/11/2016**

6:30pm- 6:45pm General Stretch

7:00pm Competition

Individual Awards to follow.

## **GYM C – Xcel Bronze**

**Saturday April 6, 2024**

### **Session C6 - Capital Cup (41)**

**Xcel Bronze Born between 10/9/2015 and 1/27/2016**

8:00am - 8:15am    General Stretch

8:30am                    Competition

Individual Awards to follow.

### **Session C7 - Capital Cup (41)**

**Xcel Bronze Born between 7/26/2015 and 10/8/2015**

9:45am- 10:00am    General Stretch

10:15am                    Competition

Individual Awards to follow

### **Session C8 - Capital Cup (41)**

**Xcel Bronze Born between 4/29/2015 and 7/25/2015**

11:30am-11:45am    General Stretch

12:00pm                    Competition

Individual Awards to follow.

### **Session C9 - Capital Cup (42)**

**Xcel Bronze Born between 2/5/2015 and 4/28/2015**

1:15pm- 1:30pm    General Stretch

1:45pm                    Competition

Individual Awards to follow.

### **Session C10 - Capital Cup (42)**

**Xcel Bronze Born between 11/6/2014 and 2/4/2015**

3:00pm- 3:15pm    General Stretch

3:30pm                    Competition

Individual Awards to follow.

### **Session C11 - Capital Cup (41)**

**Xcel Bronze Born between 8/3/2014 and 11/5/2014**

4:45pm- 5:00pm    General Stretch

5:15pm                    Competition

Individual Awards to follow.

### **Session C12 - Capital Cup (43)**

**Xcel Bronze Born between 4/15/2014 and 8/2/2014**

6:30pm- 6:45pm    General Stretch

7:00pm                    Competition

Individual Awards to follow.



## **GYM C – Xcel Bronze**

**Sunday April 7, 2024**

### **Session C13 - Capital Cup (41)**

**Xcel Bronze Born between 12/24/2013 and 4/14/2014**

8:00am - 8:15am    General Stretch  
8:30am                    Competition  
Individual Awards to follow.

### **Session C14 - Capital Cup (41)**

**Xcel Bronze Born between 8/11/2013 and 12/23/2013**

9:45am - 10:00am    General Stretch  
10:15am                    Competition  
Individual Awards to follow

### **Session C15 - Capital Cup (41)**

**Xcel Bronze Born between 3/6/2013 and 8/10/2013**

11:30am-11:45am    General Stretch  
12:00pm                    Competition  
Individual Awards to follow.

### **Session C16 - Capital Cup (41)**

**Xcel Bronze Born between 7/20/2012 and 3/5/2013**

1:15pm- 1:30pm    General Stretch  
1:45pm                    Competition  
Individual Awards to follow.

### **Session C17 - Capital Cup (42)**

**Xcel Bronze Born between 1/1/1990 and 7/19/2012**

3:00pm- 3:15pm    General Stretch  
3:30pm                    Competition  
Individual and Bronze Team Awards to follow.